



The flourishing **schools** initiative

Become a Flourishing School

What is the Flourish Values Model?

It is a new way of looking at wellbeing that explains how our values, beliefs and worldviews are shaped and that we all share the same core needs, but, depending on our family patterns and personal experiences, we will have developed very different ways of thinking about ourselves and the world. As an ecological model it also shows how our own wellbeing is directly related to that of others and the natural world.

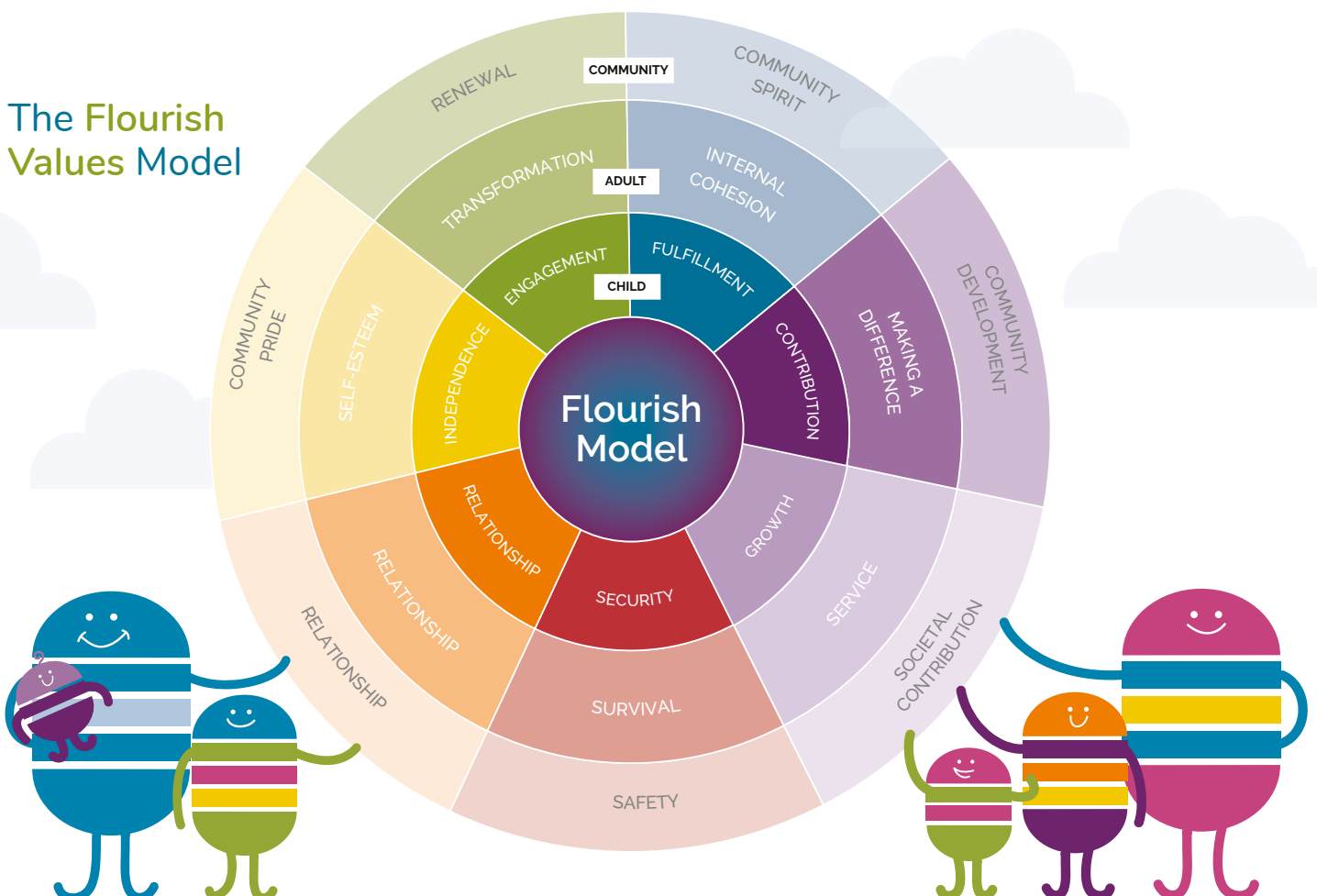
Nurturing the Whole Child

As part of the process, everyone involved in the life of the school is invited into a conversation about the shaping of the values and worldviews of the children in their care, so that each child can be treated as a unique individual, full of possibilities and potential. The model also helps adults to promote environments of compassion – for self, for others and for the planet, so children can be better supported and encouraged to understand and develop all aspects that are important to human flourishing and wellbeing.

What is the Flourish Project?

The Flourish Project is a community engagement initiative that helps to get everyone thinking about how they can help create a better world for themselves and their children. In schools this involves parents, teachers, governors, members of support staff and the children themselves.

The Flourish Values Model



We all need ...

Growth

to expand who we are and what we know

Contribution

to contribute to something greater than our selves

Fulfilment

to test our skills and know that we can overcome challenges

Engagement

to explore and take risks in order to learn

Independence

to feel a sense of self-worth

Relationship

to love and be loved

Security

to have a safe and secure place to live

The project recognises that children are the citizens and leaders of the future and that positive social and emotional learning (SEL) is essential for healthy development. It believes in children as powerful agents

of social change and empowers everyone in the system to understand that our shared humanity is bound together through relationship with Self, Others and the Natural World.



Becoming good ancestors

What the model helps to explain is why we are the way we are and how, with the right knowledge and support, we can all choose to become the fullest expression of who we would really like to be.

It helps us to stop carrying forward the limiting patterns of the past, and to give children the best possible foundation to develop their own unique capacities and potential.

It also shows how the wellbeing of everyone in the system impacts the whole, and how **your own happiness and wellbeing therefore really matters.**

The values, worldviews and wellbeing of parents and teachers really matters for the wellbeing of children

The Three Forms of Compassion

Compassion for self

Understanding why we are the way we are and the value of self-kindness

Recognising suffering within ourselves and others

Responding to difficult and conflicting feelings and emotions

Compassion for the other

Understanding that other people see the world differently from ourselves

Understanding that values, beliefs and behaviours are a reflection of genes, cultures and lived experiences

Recognising the universality of human suffering

Compassion for the natural world and the planet

Understanding that everything is interconnected and that we share responsibility for creating a world fit for children

Being motivated to act to prevent damage, alleviate suffering and protect future generations



SECURITY

RELATIONSHIP

INDEPENDENCE

ENGAGEMENT

FULFILMENT

CONTRIBUTION

GROWTH

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